

The Truth About Impetigo

What is it?

Impetigo is a contagious bacterial infection. It usually occurs in warm, humid conditions and is easily spread among people in close contact.

Do I have it?

- Most common symptoms are painful lesions that become bigger and then break in one week
- Lesions are usually on the face, arms and legs

How can I protect myself from impetigo?

- Avoid direct contact with people infected with impetigo, especially if you have cuts or open sores on your skin
- Wash hands regularly

What do I do if I already have it?

- See a doctor for antibiotics
- Wash hands often to prevent spreading bacteria to others

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