

The Truth About Herpes

What is it?

Genital herpes is an infection caused by herpes simplex virus II. It is a sexually transmitted disease that can be spread from having sex, even when sores are not present.

Do I have it?

- Some people have no symptoms
- Some people get itchy and painful sores or blisters near the area where the virus entered the body
- Most people have outbreaks several times a year

How can I protect myself from Herpes?

- Always use a latex condom correctly when having sex
- Abstain from sexual activity with infected partners during a herpes outbreak

What do I do if I already have it?

- See a doctor
- Medicine to help your body fight the virus can help lessen symptoms and decrease outbreaks

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