

## The Truth About Hepatitis B

### What is it?

Hepatitis B is a liver disease caused by the Hepatitis B virus. It can be a mild illness that lasts for a few weeks or a long-term illness that can lead to liver disease or liver cancer.

### Do I have it?

- 70% of people don't experience symptoms
- May have pain in the right side of the abdomen due to an enlarged liver
- May be jaundiced

### How can I protect myself from Hepatitis B?

- Get the series of Hepatitis B vaccines
- Avoid sharing razors, toothbrushes or needles
- Always use a condom correctly when having sex

### What do I do if I already have it?

- See a doctor
- You may need antiviral medication

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