

“Hunger haunts America. Millions of people across our land are regularly without enough food to sustain them... Hunger in this land of plenty is morally unacceptable.”

— Food Research and Action Center
Statement of Principles: Fighting
Hunger in America

FOR MORE INFORMATION, PLEASE CONTACT:

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Public Safety

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Parks Use/Permits

Seattle Parks Department
206-684-4080

This brochure is produced and updated
by the Seattle Human Services Department.
Some of the information was provided by
Public Health - Seattle & King County.

BACKGROUND

There are more than 50 emergency meal programs in Seattle. Aside from providing hot, nutritious food to homeless and hungry people, many of these programs offer other services, including shelter, job training and employment assistance, drug/alcohol treatment, mental health counseling, hygiene services, and medical care.

In addition, several groups and individuals serve snacks and meals outdoors. Although serving something as simple as sandwiches or soup prepared in a church kitchen (home preparation is not permitted) seems safe enough, it can present many problems and hazards:

Scheduling Conflicts The time you choose to serve a meal may conflict with meals being served nearby. You may end up with only a few people showing any interest in eating what you have to offer, or cause fewer people to show up for a regularly scheduled meal, thus causing food to go to waste.

Health and Safety Hazards When you serve a meal outdoors, food and serving containers are discarded by the meal participants. If the garbage

is not properly disposed of, and the area is not thoroughly cleaned, what is left behind feeds rats and carries disease to people (homeless included) who live and work in the area.

Foodborne Illness Public Health – Seattle & King County has strict rules and regulations regarding the storage and serving of food. Food must be maintained at proper temperatures to prevent spoilage. Proper hand-washing, a top priority when working with food, is not usually possible at a park or other outdoor facility. These rules were developed to ensure that homeless people, who are already at risk, do not get sick from eating spoiled or contaminated food.

Because of these concerns, providing food in public parks is not recommended, and it is a violation of City ordinance to operate a food program in a park without a Park permit. The Police Department is obligated to document any violations, as required for any violation of law. Groups or individuals wishing to provide meals to homeless people are encouraged to offer their time and resources to one of the established emergency meal programs.

WHAT CAN YOU DO TO HELP

Volunteer your time. Meal programs need volunteers to prepare and serve food, clean up after meals are served, pick up food donations, and provide other support.

Donate food. Protein items such as meat, fish, peanut butter, and powdered milk are always in demand, as are canned goods and fresh produce.

Make a financial contribution. A cash donation to the meal program of your choice can help that program buy food, pay for the transportation of donated food, or purchase needed supplies. A monthly pledge provides a predictable source of funding, which is needed and appreciated by these programs.

Do you belong to a church, synagogue, or social group, or are you employed? If so, you can make an even bigger impact by encouraging your congregation, social club, or co-workers to “adopt” a meal program, and provide continuous support through regularly collecting food or making financial contributions.

Other Options

The City recognizes that some people prefer to work independently. For this reason, Seattle’s Outdoor Meal Site on the corner of 6th Avenue and Columbia Street in downtown Seattle has been designated for the outdoor food distribution by groups and individuals wishing to provide food outdoors. Meal providers operating at this site shall abide by food handling and food safety regulations set forth by the Public Health Department.

Providing Meals for Homeless and/or Hungry People



City of Seattle

These are agencies that offer free meals to homeless and/or hungry people in Seattle/King County. They need your help!

Angeline's

2030 3rd Avenue
206-436-8650

Serves breakfast and lunch to homeless women seven days a week.

Auburn Community Supper

100 "N" Street SE, Auburn
253-833-8925

Dinner served Mondays to people in need.

Asian Congregate Meal Program—Legacy House

206-292-5184

Meals served at Bush Hotel, Monday – Friday. Must be 60 years of age or older or spouse of any age.

Asian Counseling & Referral Service

206-695-7522

ACRS operates six meal programs, which primarily serve Cambodians, Koreans, Tongans, Samoans, Vietnamese and other Asian populations.

Blessed Sacrament Church

5050 8th Street NE
206-547-3020

Lunch served Sundays to people in need.

Bread of Life Mission

97 South Main Street
206-682-3579

Serves dinner daily, primarily to homeless people.

Community Lunch

1710 11th Avenue
206-322-7500

Lunch served 12-1 Tuesdays and Fridays.

Denny Place Youth Shelter

206-328-5693

Serves dinner and breakfast to overnight shelter youth clients ages 14-17.

Downtown Emergency Service Center

517 3rd Avenue
206-464-1570

Serves dinner Sunday-Saturday to overnight shelter clients.

El Centro de la Raza

2524 16th Avenue South
206-329-7960

Serves lunch Monday-Friday to men, women, and children in need.

Cathedral Kitchen

803 Terry
206-322-2447

Serves dinner Monday-Friday to women, families, children and men over 55.

First Avenue Senior Service Center

2015 3rd Avenue
206-441-9830

Serves lunch daily and dinner four days a week, primarily to homeless people.

Immanuel Lutheran Church

1215 Thomas Street
206-623-3779

Serves lunch every Wednesday to people in need.

Jubilee Dinners

111 NE 80th
206-523-7476

Serves dinner the last Sunday of each month to people in the community in need.

Lazarus Day Center

416 Second Avenue, Extension South
206-623-7219

Serves lunch Monday-Friday to women and men 50 years of age or older.

Lunchtime at St. Lukes

St. Luke's Episcopal Church
5710 22nd Avenue NW

206-784-3119

Millionair Club

2515 Western Avenue
206-728-5600

Serves breakfast and lunch five days a week.

Monday Feeding Program

225 North 70th
206-782-3776

Lunch served every Monday to people in need.

New Horizon Ministries

2709 3rd Avenue
206-374-0866

Breakfast served to youth 21 years old and under Tuesdays. Dinner served to youth 22 years old and under five days a week.

Our Lady of Mt. Carmel

508 Broadway
206-324-1305

Serves breakfast daily to people in need and are sober.

Outdoor Meals

Seattle's Outdoor Meal Site
6th Avenue and Columbia Street

206-922-2015

Please call OPERATION: Sack Lunch at 1-866-277-9252 for complete meal schedule. Special meals around the holidays.

Outreach Breakfast

400 East Pike
206-322-7411

Breakfast served two Saturdays a month, primarily to community members in need.

Pacific Asian Empowerment Program

Filipino Senior Services

5470 MLK Jr. Way S
206-324-0269

Serves lunch Tuesdays and Thursdays to people in need.

Laotian & H'mong Senior Services

6721 51st Avenue S
206-324-0269

Serves lunch Tuesdays and Fridays to people in need.

Polynesian Nutrition Program

3701 S Oregon Street

Serves lunch Monday, Wednesday, and Friday to people in need.

Phinney Neighborhood Association Soup Kitchen @ St. John Lutheran Church & Calvary Lutheran

5515 Phinney Avenue N & 7002 23rd Avenue NW

206-783-2244

Serves Monday lunch at Calvary Lutheran.

Serves Wednesday lunch and Tuesday dinner at St. John's to people in need.

Sacred Heart/St. Vincent de Paul

205 2nd Avenue N
206-283-2104

Lunch served Thursdays to people in need.

Seattle Indian Center

611 12th Avenue
206-329-8700

Lunch served Monday-Friday to Center and Seattle Indian Health Board clients, and to neighborhood residents.

Seattle Union Gospel Mission

318 2nd Avenue, Extension South
206-622-5177

Free lunch served six days a week. Also runs a low cost cafeteria for low-income persons.

Teen Feed

45th Street & 16th Avenue NE
206-522-4366

Serves dinner seven days a week to youth.

The Friday Feast

University Temple United Methodist Church
NE 43rd Street & 15th Avenue NE

206-726-4289

Dinner served Fridays to people in need. All welcome. No restrictions.

William Booth Center

811 Maynard Avenue
206-621-0145

Serves breakfast and dinner daily to shelter and transitional housing residents.

Youthcare's Orion Center

1020 Virginia Street
206-622-5555

Lunch and dinner served Monday-Friday to homeless youth 11-19 years of age.

Programs listed comply with all federal, state, and local regulations prohibiting discrimination, and all make accommodations for people with disabilities.